Qwest Communications and Seattle Seahawks Strike Strategic Agreement For Stadium Sponsorship; Seahawks Stadium To Be Named ?Qwest Field?

SEATTLE, WA, June 2, 2004 ? Qwest Communications International Inc. (NYSE: Q) and the Seattle Seahawks today announced a new stadium sponsorship agreement; the stadium will be named ?Qwest Field.?

In addition to naming rights, the agreement includes Qwest?s increased support for local Seahawks charities. The agreement also calls for Qwest to be the telecommunications supplier to Qwest Field, the stadium and exhibition center operator, First & Goal, and all other Seahawks facilities.

?We have maintained throughout our naming rights search, that while it was important to attain an investment on par with other NFL venues, it is imperative to find a company that shares in our core values of community and service,? said Seahawks CEO Tod Leiweke. ?In Qwest, we have found more than a name for the facility, we have established a partnership that will reach well beyond the playing field and into the very community that supports it.?

?Our sponsorship benefits not only the Seattle Seahawks but their fans and the entire Northwest community,? said Kirk Nelson, Qwest president for Washington. ?We look forward to providing great service to the Seattle Seahawks and their fans, both during the season and throughout the year.?

The two organizations also have committed to enhancing the fan experience during games. Qwest will be looking at introducing new technologies that will help improve the overall game experience at the stadium ? and also on non-game days. Qwest will also be named the communications services sponsor for the Experience Music Project, and the Science Fiction Museum and Hall of Fame.

Qwest?s support for Seahawks charities will also come from a unique sponsorship agreement with the Blue Ribbon Community Program. This community program is a game-day community donations program sponsor. One hundred percent of proceeds from the Qwest Game Day Program sales and a silent auction will be donated to one of the four non-profit organizations. In addition, the Allen Foundation will match all proceeds generated.

About Qwest

Qwest Communications International Inc. (NYSE: Q) is a leading provider of voice, video and data

services to more than 25 million customers. The company?s 46,000 employees are committed to the ?Spirit of Service? and providing world-class services that exceed customers? expectations for quality, value and reliability. For more information, please visit the Qwest Web site at www.qwest.com.

This release may contain projections and other forward-looking statements that involve risks and uncertainties. These statements may differ materially from actual future events or results. Readers are referred to the documents filed by us with the Securities and Exchange Commission, specifically the most recent reports which identify important risk factors that could cause actual results to differ from those contained in the forward-looking statements, including but not limited to: the duration and extent of the current economic downturn in our 14-state local service area, including its effect on our customers and suppliers; access line losses due to increased competition, including from technology substitution of our access lines with wireless and cable alternatives; our substantial indebtedness, and our inability to complete any efforts to de-lever our balance sheet through asset sales or other transactions; any adverse outcome of the SEC's current investigation into our accounting policies, practices and procedures and certain transactions; any adverse outcome of the current investigation by the U.S. Attorney's office in Denver into certain matters relating to us; adverse results of increased review and scrutiny by Congress, regulatory authorities, media and others (including any internal analyses) of financial reporting issues and practices or otherwise; further delays in making required public filings with the SEC; rapid and significant changes in technology and markets; any adverse developments in commercial disputes or legal proceedings, including any adverse outcome of current or future legal proceedings related to matters that are the subject of governmental investigations, and, to the extent not covered by insurance, if any, our inability to satisfy any resulting obligations from funds available to us, if any; potential fluctuations in guarterly results; volatility of our stock price; intense competition in the markets in which we compete including the likelihood of certain of our competitors emerging from bankruptcy court protection or otherwise reorganizing their capital structure and competing effectively against us; changes in demand for our products and services; acceleration of the deployment of advanced new services, such as broadband data, wireless and video services, which could require substantial expenditure of financial and other resources in excess of contemplated levels; higher than anticipated employee levels, capital expenditures and operating expenses; adverse changes in the regulatory or legislative environment affecting our business; and changes in the outcome of future events from the assumed outcome included in our significant accounting policies.

The information contained in this release is a statement of Qwest's present intention, belief or expectation and is based upon, among other things, the existing regulatory environment, industry conditions, market conditions and prices, the economy in general and Qwest's assumptions. Qwest may change its intention, belief or expectation, at any time and without notice, based upon any changes in such factors, in Qwest's assumptions or otherwise. The cautionary statements contained or referred to in this release should be considered in connection with any subsequent written or oral forward-looking statements that Qwest or persons acting on its behalf may issue. This release may include analysts' estimates and other information prepared by third parties for which Qwest assumes no responsibility.

Qwest undertakes no obligation to review or confirm analysts' expectations or estimates or to release publicly any revisions to any forward-looking statements to reflect events or circumstances after the date hereof or to reflect the occurrence of unanticipated events.

By including any information in this release, Qwest does not necessarily acknowledge that disclosure of such information is required by applicable law or that the information is material.

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